

The Largest Multi-Disciplinary Rehab Conference in the Nation

Join us for a transformative rehab event where you can choose from 37 sessions filled with the latest interventions from today's leading experts! Meet and network with fellow rehab professionals from around the country. Discover leading-edge products, and technology from exhibiting companies with the flexibility to tailor your learning experience.

PROFESSIONS TO ATTEND • • • • •

Physical Therapists, Occupational Therapists, Speech-Language Pathologists, Athletic Trainers, and Massage Therapists

AREAS OF CONCENTRATION • • • • • •

Orthopedics, Sports, Geriatrics, Neurology, Pediatrics, Acute Care, and Home Health

REGISTER EARLY & SAVE!

rehabsummit.com

Featuring

Keynote Speakers



THURSDAY • SESSION 100

Olympic Gold Medalist
Cancer & Brain Tumor Survivor
Scott Hamilton



FRIDAY • SESSION 200

Founder & Creator of BILLY Footwear™

Billy Price
(with Hillary Price, DPT, ATP)

Learn From Leading Experts Including...



Carole Lewis PT, DPT, GTC, GCS, MSG, MPA, PhD, FSOAE, FAPTA

Sessions 205 & 207



Shante Cofield

PT, DPT, OCS,

CSCS, CF-L1

Session 103



Robert Donatelli
PhD, PT
Sessions 101 & 102



Varleisha Gibbs

PhD, OTD, OTR/L

Sessions
302, 303 & 304



Jerry Hoepner
PhD, CCC-SLP
Sessions
405, 406 & 208

Pre-Conference Labs

Wednesday, July 24th • 1:00pm - 5:15pm

In this experiential pre-con lab, you will learn and practice 15 important Tai Chi movements and over 20 Qigong exercises to improve patient outcomes, increase functional fitness, enhance personal and patient wellness, and increase patient compliance.

Session 002 Nutritional & Integrative Medicine Strategies to Enhance Physical & Emotional Rehabilitation
Leslie Korn, PhD, MPH, LMHC, NCBTMB PT 07 SID AT

Discover easy-to-implement strategies for enhancing physical and emotional rehabilitation using nutrition and integrative medicine. Gain practical, dose-specific protocols for the application of these emerging methods for you to use with a wide variety of clients.

Recommended Agendas* Unsure which sessions to attend? We've curated

focus areas to assist in selecting your sessions so you'll get the maximum benefit for every minute you spend with us. *Only a recommendation – please choose your own adventure!

AREAS:

Orthopedics/Sports Focus • 100s

Geriatrics/Neurology Focus • 200s Pediatrics Focus • 300s

Acute Care/Home Health Focus • 400s

Morning Workout (Exhibit Hall): 7:00am — 8:00am

PROFESSIONS:

Physical Therapists Physical Therapist Assistants

Exhibit Hall Open: 11:30am - 1:45pm



Registration Desk Hours: 6:30am – 5:30pm Coffee (Exhibit Hall): 7:00am – 8:30am

Occupational Therapists Occupational Therapy Assistants





Scott Hamilton Book Signing (Exhibit Hall): 12:00pm - 1:00pm Welcome Reception (Exhibit Hall): 5:30pm - 7:00pm

(MT) Massage Therapists

Thursday, July 25th

Keynote Address

8:30am - 9:30am

FINISH

SCOTT HAMILTON

Scott Hamilton knows the pinnacle of success as well as the depths of defeat. From being a world champion figure skater to winning a gold medal in the 1984 Olympics to appearing on TV and in films to being a published author – Scott knows the taste of victory.

However, that road hasn't always been smooth. A cancer diagnosis and three brain tumors would likely leave most people discouraged and defeated. "Why me?." they might ask. For Scott, however, he learned how to turn tragedy into triumphs by making every moment

count. In this riveting keynote, Scott weaves stories of humor and sincere honesty to inspire therapists to make the most of every opportunity they have — with their patients and in their personal lives. Don't miss this opportunity to hear a life-changing message

that will not only inspire but give you a renewed sense of courage to face any tough trials ahead.

Orthopedics/Sports Focus

Breakout Session 1 9:45am – 11:45am

Session 101 A New Approach to Shoulder Rehab: A Pain-Free Solution for Better Function & Mobility

Robert Donatelli, PhD, PT (PT) (OT) (AT) (MT)

Give your patients a pain-free route to better function and mobility today without forcing the arm overhead. In 2-hours, learn a new biomechanical approach to evaluation and treatment of the complex shoulder by an authority in the field of orthopedics, Dr. Robert Donatelli.

Geriatrics/Neurology Focus

Session 201 Breakthrough Dual Task Interventions for Parkinson's

John Dean, MA, CCC-SLP & Josefa Domingos, Msc, PhD Candidate (PT) (OT) (SLP) (AT)



Dual task interventions can have an immediate positive effect

on function and fall risk in patients with Parkinson's. Based on the latest research, this course will quide you through a cutting-edge. evidence-based framework for applying dual task interventions with Parkinson's. Learn how to identify appropriate treatment candidates and explore interdisciplinary best practices for applying dual task/multitask treatments with patients in any practice setting.

Pediatrics Focus

Session 301 Not Just Picky Eating... Effective Strategies for Breathing, Digestion & Swallowing in Children

Angela Mansolillo, MA/CCC-SLP, BCS-S (PT) (OT) (SLP) (AT)

In this course, you will learn aastro-intestinal and respiratory issues that often underlie food refusal in children, including GERD, constipation. alleraies, and respiratory insufficiencies. You will leave with tools to identify these potential causes of food refusal and effective strategies to improve digestive and respiratory function, with a goal of increasing volume and variety of food intake in children.

Acute Care/Home Health Focus

Session 401 Successfully Assess & Manage Peripheral **Vestibular Disorders**

Johnny Rider, MS, OTR/L, CEAS (PT) (OT) (AT)

A dizzy patient is a miserable patient. Help that individual gain their

quality of life back with up-to-date, evidence-based assessment and treatment techniques to use in any rehabilitation practice setting.

Breakout Session 2 1:30pm - 3:30pm

Session 102 New Concepts in Treatment of Post-Op **ACL** Repair

Robert Donatelli, PhD, PT (PT) (OT) (AT) (MT)

Help your patients, whether they be competitive athletes or weekend warriors, to return faster by implementing new concepts in treatment early in the rehabilitation of post-op ACL repair. Don't miss this crucial session taught by the renowned Dr. Robert Donatelli.

Session 202 Parkinson's Treatment in 2020: How Recent **Advances Are Redefining Therapy**

John Dean, MA, CCC-SLP &

outcomes and independence.

Josefa Domingos, Msc, PhD Candidate (PT) (OT) (SLP) (AT)

The landscape for Parkinson's is always changing, and recent advances



have led to improvements in treatment that would be unrecognizable even a few years ago. In this session, learn how emerging technologies treatment options, and the long-term health of patients. Discover how

Session 302 Dissecting the Brain-Gut Connection for Complex Trauma Disorder, Autism & ADHD

Varleisha Gibbs, PhD, OTD, OTR/L (PT) (OT) (SLP) (AT)

Attend and learn evidence-based intervention techniques to address the challenging symptoms of Complex Trauma Disorder, Autism, ADHD, and related disorders. You will learn the various neurological structures related to the nine senses; neuronal oscillations and their connection to function; and relate current research on the neuronal plexuses to function and dysfunction of these individuals.

Session 402 Gait Strategies: How the Determinants of Gait Impact Function, Mobility & Safety

Trent Brown, MOT, OTR/L, BCG (PT) (OT) (AT)

Treatment of a patient's abnormal gait can be challenging work. This session focuses on the 6 determinants of gait with an emphasis on pelvic stability, pelvic mobility, foot and ankle interactions, and reciprocal arm swing. Attend and learn evidence-based exercises, activities, and treatment strategies that can directly impact not only gait but everyday function, mobility, and safety with our patients.

Breakout Session 3 3:45pm - 5:45pm

Session 103 Myofascial Cupping: Soft-Tissue Mobilization for Improved Outcomes

Shante Cofield, PT, DPT, OCS, CSCS, CF-L1 PT OT AT MT

Experience a breakthrough in your practice by brining lasting change to your patients with myofascial cupping. Even if you

are a beginner or already use some of the techniques, this session refines your skills and goes a long way in making your work more efficient and effective with your patients.

Session 203 Practical Strategies for Preventing Falls & **Restoring Balance**

and surgical interventions are impacting clinical decision-making,

to capitalize on the latest technologies to improve your patients'

Shawn Burger, PT, DPT & John Hisamoto, PT, ATC PT OT AT

This session will show you how to design a progressive strengthening program for preventing falls and restoring balance. Practice effective

interventions for sensorimotor deficits, and develop a comprehensive plan of care that safely challenge patients. Discover cost-effective solutions you can apply immediately, and explore best practices for prescribing, implementing, and progressing home exercise programs for patients with increased fall risk.

Session 303 Neurological Impact of Complex Trauma: **Proven Treatment Interventions & Approaches**

Varleisha Gibbs, PhD, OTD, OTR/L & Nikki Harley, MSOD PT OT SLP AT

Societal stressors such as poverty, abuse, violence, drug abuse, and chronic fear have resulted in numerous children impacted by Complex Trauma. This session reviews neuroanatomical changes post trauma, alterations to neuronal rhythmic oscillations and functional presentations of Complex Trauma Disorder. A brief review of treatment approaches will include sensory work through the nine neurological senses, mindfulness and rhythm therapy.

Session 403 Effective Documentation Strategies: Master the Ins & Outs of Getting Paid Correctly!

Trent Brown, MOT, OTR/L, BCG PT OT AT

Attend this session and learn essential strategies to master documentation to reduce reviews or negate them altogether. Learn specific principles that fulfill the requirements of CMS and payer sources while demonstrating skills, medical necessity, and objective progress regardless of software used. You will learn the purpose of RAC system, appeals process and red flags to ensure you are documenting only what is essential.

THE FIRST 200 TO REGISTER

will receive a complimentary copy of Finish First: Winning Changes Everything from **Scott Hamilton**



WELCOME RECEPTION 5:30pm - 7:00pm • Exhibit Hall



rehabsummit.com

Friday, July 26th

Keynote Address

SLP Speech-Language Pathologists

Final Exhibit Hall Hours: 11:30am - 2:00pm



AT Athletic Trainers MT Massage Therapists

Billy Price was 18 years old when he sustained a traumatic spinal cord injury resulting in complete C6 level tetraplegia. He was faced with learning how to use various pieces of equipment and technology, as well as various techniques to perform basic everyday tasks. Along

8:00am - 9:00am

his journey, Billy finished college, got a job, relearned how to drive, moved into his own place, fell in love, and got married. The one thing Billy still needed help with: putting on his shoes. That is until he put his engineering mind to work and came up with a universal shoe design that

Coffee (Exhibit Hall): 7:00am - 8:30am

not only would allow him to finally get dressed 100% independently but was fashionable. BILLY Footwear was born. Conveniently, his wife Hillary is a Physical Therapist who specializes in neurologic rehabilitation and wheelchair seating. As an Assistive Technology

Registration Desk Hours: 7:00am – 5:30pm Morning Workout: 7:00am – 8:00am

Professional and Physical Therapist, she has an insider's perspective on the value of empowering people with physical limitations. Be inspired as Billy and Hillary share their story and encourage you to live beyond what you might think you're capable of.

Orthopedics/Sports Focus

Geriatrics/Neurology Focus

Pediatrics Focus

Acute Care/Home Health Focus

Breakout Session 4 9:15am – 11:15am

Session 104 Movement Beyond Mobility: Effective Screening to Better Improve Movement **Dysfunctional Patterns**

Milica McDowell, MSPT, DPT, ACSM-HFS PT OT AT MT

Learn a simple yet powerful tool: 4 Movement Pillars screening. Using this method, you'll be able to determine if the dysfunction is primarily a mobility, stability, or neurological deficit – which means you'll improve your treatment of movement dysfunctional patterns and enhance performance in your patients.

Session 204 Keys to Restoring Function Faster after Knee & **Hip Arthroplasties**

Shawn Burger, PT, DPT & John Hisamoto, PT, ATC (PT) (OT) (AT) (MT)

Using the latest research, cost-effective tools, and proven strategies for success, this session will show you how design a results-driven exercise program for the clinic and home. Explore effective ways to combine exercise, elastic resistance, pain relief, and kinesiology tape to help your patients accelerate their recovery and reach the best functional outcomes.

Session 304 Neurological Approaches to Treat Children with Complex Trauma, ASD, ADHD & SPD

Varleisha Gibbs, PhD, OTD, OTR/L (PT) (OT) (SLP) (AT)

Working with diagnoses such as Complex Trauma, Autism, ADHD, and Sensory Processing Disorders are challenging. Attend this session and learn the underlying neurognatomical connections to help you develop appropriate interventions for behaviors, such as hyperactivity. gagressiveness, self-stimulatory, and inattentiveness. Learn the neurological connection to sensory strategies and treatment techniques. including, mindfulness, activation of the Vagus nerve, music/movement, and respiratory-based techniques.

Session 404 Empower Clients with Mobility Impairments: Using Technology to Improve Quality of Life

Hillary Price, DPT, ATP (PT) (OT) (AT)

Come learn about the latest in assistive technology, especially wheelchair functions and accessories. We'll focus on options available to individualize mobility equipment to maximize the end-user's experience and independence. See how smart phones interface with power wheelchairs, how controls are operated using Blue Tooth to interface. Simple to complex, affordable and main-stream to specialized and potentially cost-prohibitive will be presented.

Breakout Session 5 1:30pm – 3:30pm

Session 105 The Power of Directional Preference: Unique Treatment Approach for Musculoskeletal Pain

Maragux Loigcono PT, DPT, MS, OCS, FAAOMPT, Cert, MDT & Joe Lorenzetti PT, DPT, MS, OCS, FAAOMPT, Cert. MDT, MTC (PT) (OT) (AT) (MT)

With many patients living in chronic pain and the pressure to decrease the use of opioids, we can often find ourselves at a loss for how to treat effectively. By learning the Treatment Based Classification (TBC) and McKenzie (Mechanical Diagnosis and Therapy or MDT) systems will help to bring lasting healing and function to patients who struggled to find a solution.

Session 205 Are You Undertreating 40% of Your Patients? **Aggressive Rehab Protocols for Older Adults**

Carole Lewis, PT, DPT, GTC, GCS, MSG, MPA, PhD, FSOAE, FAPTA (PT) (OT) (AT)

Many therapists still make the mistake of undertreating older patients, which can limit functional outcomes and ultimately contribute to social isolation, cognitive impairment, and immobility. This session will give you safe and effective new tools for the most frequent diagnoses seen among older adults, including low back pain, hip fracture, gait and balance issues, and generalized weakness.

Session 305 Dysphagia: Targeted Interventions for **Children & Adults**

Angela Mansolillo, MA/CCC-SLP, BCS-S (PT) (SLP) (AT)

This session will help you develop targeted interventions for children and adults with dysphagia. Case reviews will be utilized to assist participants in identification of physiological targets for swallow treatment including breathing/swallow discoordination, delays in swallow response, and pharyngeal dysmotility among others. Assistance with development of impairment-specific strategies, exercises and compensations will be provided.

Session 405 Using Everyday Technologies to Support Communication & Cognition

Jerry Hoepner, PhD, CCC-SLP (PT) (OT) (SLP) (AT)

When people start forgetting events, struggling with names, and becoming overwhelmed in complex, social contexts, they may need help to stay active with their community. In this session, discover universally designed technologies that support cognitive and functional outcomes without making patients stand out from their peers. Topics include social networking, peer support, self-management of cognitive-communication rehabilitation, communication supports, external memory aids, training, and individual modifications.

Breakout Session 6 3:45pm – 5:45pm

Session 106 Improve Low Back Pain with Better Classification: Utilize MDT & PMCS for Pain Mechanism

Margaux Lojacono PT, DPT, MS, OCS, FAAOMPT, Cert. MDT & Joe Lorenzetti PT, DPT, MS, OCS, FAAOMPT, Cert. MDT, MTC (PT) (OT) (AT) (MT)

Improve your treatment of low back pain by learning the concept of centralization as it applies to Mechanical Diagnosis and Therapy and Pain-Mechanism Classification System, Demystify the pre-conceived notions you may have about MDT and/or TBC and gain an evidenced-based approach that will improve your success in achieving centralization of symptoms.

Session 206 Visual Rehab after a Neurological Event: What Every Therapist Needs to Know

Michelle Mioduszewski, MS, OTR/L (PT) (OT) (SLP) (AT)

About two-thirds of stroke and TBI survivors experience visual impairments that have a wide-ranging impact on recovery, affecting balance, movement, ADLs, and social engagement. In this session, you'll learn effective techniques for conducting a vision screen after a stroke or brain injury. Explore the best practices for treating issues related to visual attention, field loss, and hemi spatial inattention (neglect).

Session 306 Neuroplasticity, Primitive Reflexes & **Pediatric Rehabilitation**

April Christopherson, OTR/L (PT) (OT) (SLP) (AT)

Neuroplasticity, primitive reflexes, and developmental milestones will be presented, along with current research. Learn the role of timing in the brain and how it manifests differently in a child diagnosed with Autism, ADHD, Delayed Milestones, and genetic disorders.

Gain creative, evidence-based approaches to implement timing and movement activities for primitive reflex integration, brain development, and sensory motor skills.

Session 406 Dementia Assessment & Management in **Acute Care: The Role of Rehab Professionals**

Jerry Hoepner, PhD, CCC-SLP (PT) (OT) (SLP) (AT)

This session focuses on the rehab professional's role in the assessment and management of individuals with dementia in acute-care settings. Hospital cognitive-status is different than status in typical living environment and further complicated following admissions for falls, infections, dehydration, malnutrition, and medication management. Learn elements of assessment batteries, which balance impairment-based diagnostic elements with non-standardized, observational elements that foster insights into diagnosis and treatment planning.

REGISTER **TODAY**

to reserve your spot and get all of these benefits!

of Education Available Wednesday Thursday Friday Saturday

21 hours 37 sessions to Tailor Your Education

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Speakers

Exhibitors &

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Orthopedics/Sports Focus

Geriatrics/Neurology Focus

Pediatrics Focus

Acute Care/Home Health Focus

Breakout Session 7 8:00am – 10:00am

Session 107 Non-Opioid Pain Management: Alternative Therapies for Reducing Pain & Improving Function Jason Handschumacher, DPT, OCS PT OT AT MT

As therapists, we need to be prepared to provide effective alternatives to prescription opioids. Movement and exercise are proven options but how does someone start when they have severe pain? Learn specific strategies and interventions that will enable better functional and mobility outcomes for your patients.

Session 207 15 Assessments for Optimal Aging: Your Guide to the Adult Functional Independence Test (A-FIT) Carole Lewis, PT, DPT, GTC, GCS, MSG, MPA, PhD, FSOAE, FAPTA PT OT AT

Led by Dr. Carole Lewis, an icon in geriatric rehabilitation, this hands-on session will teach you how to conduct one of the most effective functional screens available today – the Adult Functional Independence Test. Consisting of 15 functional assessments, the A-FIT will give you unmatched insight into the functional fitness of your patients using predictive analytics for body structure/posture, flexibility, static/dynamic balance, gait, endurance, and strength.

Session 307 Neuroplasticity & Sensory Integration: **Treatment Strategies for Sensory Processing Delays** April Christopherson, OTR/L PT OT SLP AT

Sensory processing abnormalities in children can be challenging. By examining neural pathways and learning new ways to reroute connections, your work can be more effective and rewarding. Discover how to identify sensory motor processing delays and practice new, evidence-based tools to treat neuro and sensory delays. These life-changing interventions can remap pathways in the brain for faster and longer-lasting outcomes.

Session 407 Lymphedema Management: Practical **Applications for in Home Health Settings**

Carmen Thompson Recupero, CLT-LANA PT OT AT MT

Home health care can offer lymphedema treatments that can cut overall costs of care. Attend this session and learn practical ways to incorporate concepts of lymphedema management in any home health program. Learn manual lymphatic drainage, compression bandaging, compression garment use, donning and doffing and skin care management for lymphedema – reducing the risk for skin opening and

Breakout Session 8 10:15am - 12:15pm

Session 108 Total Joint Arthroplasty – The First 72 Hours Jason Handschumacher, DPT, OCS (PT) (OT) (AT) (MT)

In this critical session, you'll walk through the first 72 hours after a total joint arthroplasty and how you can treat this population without fear of readmission or setbacks. Learn evidence-based tools you can use tomorrow and how different disciplines can work cooperatively to ensure the most functional and cost-effective outcomes for the patient.

Session 208 The Key to Restoring Executive Function & **Self-Regulation after TBI**

Jerry Hoepner, PhD, CCC-SLP (PT) (OT) (SLP) (AT)

Helping your patients recover executive function after a traumatic brain injury can be challenging. Their performance in clinical environments may be exceptional, but they often have trouble maintaining a cohesive line of thought in complex contexts, where environmental complexity, tasks, and emotional demands are high. This session will show you how to assess your patients' true abilities and create interventions that parallel real-life contexts.

Session 308 Vision Impairments in Children & **Adolescents: Techniques to Foster Learning & Development** Michelle Mioduszewski, MS, OTR/L (PT) (OT) (SLP) (AT)

Right vs Left? b vs d? Tie shoes? These are common pediatric vision perception based impairments that significantly restrict learning. How did this happen? How do I evaluate this? How do I correct it?! You'll gain the answers to these questions and be able to educate the child, parents, family, therapy team and teachers to create the optimal learning environment.

Session 408 Creative Rehab Interventions for the **Medically Complex Oncology Patient**

Carmen Thompson Recupero, CLT-LANA PT OT AT MT

Attend and learn creative rehab interventions for the medically complex oncology patient. Practical tools such as assessments specific to each side effect, modifications for exercise programs, resources for home programs, and patient education for side effects that are specific to individual cancer types will be presented. Learn postural taping for breast cancer and GI cancers that improve posture, balance and gait.

Registration Options

Register at rehabsummit.com

Rehab Summit Registration Fees	Early March 1 <i>5</i> th	Early II May 15 th	Regular
Full Conference*	\$599.99	\$649.99	\$699.99
Full Con. Group Discount (3+)*	\$569.99	\$619.99	\$669.99
Pre-Conference Lab	\$149.99	\$179.99	\$199.99
Two Day	\$469.99	\$499.99	\$529.99
One Day	\$269.99	\$299.99	\$329.99
One Day (Saturday)	\$149.99	\$179.99	\$199.99

* Full Conference Registration includes access to Exhibit Hall, Welcome Reception, Book Signings

Guests of registrant (s) may purchase a Guest Pass for access to the Exhibit Hall. Exhibit Hall Guest Pass: \$115 per person per day

Download Form at rehabsummit.com



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Reservations: 866.317.1829 Group Code: Refer to Rehab Summit Reservation Website: Please visit rehabsummit.com for reservation link to hotel

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AREAS OF CONCENTRATION

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