

care • continuity • connection

GAPNA

Gerontological Advanced
Practice Nurses Association

Annual Conference

September 26-29, 2018

Washington, DC

Marriott Wardman Park Hotel

Registration Brochure

Register online at www.gapna.org/annual-conference

Earn up to **21.5** contact hours

(includes pre-conference workshops).

Pharmacology hours available for designative sessions.

www.gapna.org

care • continuity • connection

GAPNA
Gerontological Advanced
Practice Nurses Association

Annual Conference

Attend the Annual Conference and Take Home:

- ★ ***Focused education.*** Earn up to 21.5 contact hours (including pre-conference workshops), which includes hours of pharmacology credit for select sessions. Look for the **R** symbol.
- ★ ***Lasting connections.*** Network with other attendees focused on gerontological concerns for their patients and interact with leading experts and industry representatives.
- ★ ***Free access to the GAPNA Online Library.*** Take your learning home to access when it is convenient for you!
- ★ ***Memories from our Nation's Capital.*** Take time to visit historic and vibrant Washington, DC!



Conference Faculty

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Marcia J. Walmer, DNP, RN, LCSW, AP/MHNP-BC, ACSW

Assistant Clinical Professor
University of Missouri - Kansas City
Kansas City, MO

Conference Program ★ ★ ★

TUESDAY, September 25, 2018

3:00 p.m. – 7:00 p.m. Registration Open

WEDNESDAY, September 26, 2018

7:00 a.m. – 7:00 p.m. Registration Open

8:00 a.m. – 11:00 a.m. Pre-Conference Workshop
2.5 contact hours

010 Psychosis and Older Adults: Assessment, Diagnosis, and Management

R Melodee Harris, PhD, APRN, GNP-BC, AGPCNP-BC; Amy M. Lewitz, PMHCNS; George Peraza-Smith, DNP, APRN, GNP-BC, AGPCNP-C, CNE; Linda J. Keilman, DNP, GNP-BC, FAANP; Pamela Cacchione, PhD, RN, CRNP-BC

In this session, learn how to recognize, diagnose, and manage late-life psychosis.

8:30 a.m. – 7:00 p.m. Pre-Conference Workshop
5.0 contact hours

020 Advocacy: Fundamentals of Legislative Updates and Visits to the Capitol

Facilitator: Susan Mullaney, DNP, ARPN, GNP-BC
Presenters: Allyson Y. Schwartz; Dave Mason

This session will provide a combination of didactic and hands-on learning to provide legislative updates and tools and resources to support advocacy efforts. In addition, participants in the workshop will visit the U.S. Capitol and meet with their legislators as pre-arranged. This session will require participants to do some pre-session preparation and requires independent travel to Capitol Hill.

8:30 a.m. – 9:00 a.m.	Welcome and Overview
9:00 a.m. – 10:00 a.m.	Legislative Issues Impacting Older Adults
10:15 a.m. – 10:45 a.m.	Tools & Resources, Legislative Summaries
10:45 a.m. – 11:45 a.m.	Tips for Visiting Congress Members
11:45 a.m. – 12 noon	Boxed lunch
12 noon – 1:00 p.m.	Travel to Capitol Hill
1:00 p.m. – 4:00 p.m.	Legislative Visits — Independent Participant Activity
7:00 p.m.	Debriefing and Facilitated Discussion

Due to prerequisite requirements, registration deadline is September 10, 2018, for this session.

12:00 p.m. – 5:00 p.m. Pre-Conference Workshop
4.5 contact hours

030 Pharmacology: Parkinson's, Movement Disorders, and Neuro Drugs

R Colley Peach, MSN, FNP, RN, CS; Fahad Amjad, MD, MS

This session will provide an update on movement disorders such as dystonia, Tourette's syndrome, restless leg syndrome, Huntington's disease, and essential tremors. The main focus will be on Parkinson's disease, including pathophysiology, causes, symptoms, medications, and treatment.

1:30 p.m. GAPNA Foundation Scramble Golf Outing
(Off-Site)

Enjoy a friendly round of golf while supporting the GAPNA Foundation. See page 10 for details.

5:15 p.m. – 6:30 p.m.
Industry-Supported Presentation Theater

Seating is limited. Presentation Theater and light refreshments will be provided if industry support is received.

6:45 p.m. – 9:00 p.m. Evening Session
2.25 contact hours

040 Pain Management and Opioids: Balancing Risks and Benefits – Update 2018

R Theresa Mallick-Searle, MS, ANP-BC

Sponsored by the Nurse Practitioner Healthcare Foundation (NPHF), this session addresses safe practices for opioid prescribing, including patient selection, risk assessment, initiation and modification, ongoing monitoring, and patient and caregiver education. This session includes a discussion of pain, immediate release as well as ER/LA opioids, cannabis, and addiction, and integrates the CDC Guideline (2016). Fully compliant with the FDA requirement for opioid REMS education.

The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

2.25 contact hours and pharmacology credit will be awarded by NPHF upon completion of the program Assessment and Evaluation at the end of the session.

The Nurse Practitioner Healthcare Foundation is a non-profit organization with the mission of improving health status and quality of care through NP innovations in clinical care, research, education, health policy, and philanthropy. Our projects include developing continuing education programs, supporting NP leadership development as well as scholarship and award programs, and focusing on health disparities and improving health care access through community engagement. We are always interested in connecting with NP volunteers to help us with peer review, development of white papers, award application reviews, and CE content development. Contact: Pam Jenkins, MS, NP, NPHF, Program Director at amjw@nphealthcarefoundation.org.

Website: nphealthcarefoundation.org

Reach for Excellence! | We have a seat reserved just for you.

Test at the conference. Be among the first APRNs to be certified as a Gerontological Specialist and earn the GS-C credential. This is the ONLY specialty certification that recognizes your gerontological advanced practice nurse expertise.

Demonstrate your expertise!



For more information, go to www.gncc.org or see page 7.

THURSDAY, September 27, 2018

6:30 a.m. – 5:00 p.m. Registration Open

7:00 a.m. – 8:00 a.m.

110 New Member/First-Time Attendee Breakfast

7:00 a.m. – 8:00 a.m.

Industry-Supported Presentation Theater

Seating is limited. Breakfast will be provided. Attendees will be admitted on a first-come basis.

Supported by **Sunovion Pharmaceuticals**

8:00 a.m. – 8:15 a.m. Welcome & Introduction

8:15 a.m. – 9:15 a.m. Keynote Address

1.0 contact hour

120 Health Policy: APRNs Working to the Full Extent of the Law

Julie Fairman, PhD, RN, FAAN

This session will examine past work to change practice regulations and future strategies.

9:15 a.m. – 10:45 a.m. Grand Opening Exhibit Hall/
Poster Viewing/Coffee Break

10:45 a.m. – 12:15 p.m. General Session

1.5 contact hours

130 Preventing Suicide in Older Adults

Marcia J. Walmer, DNP, RN, LCSW, AP/MHNP-BC,
ACSW; Izabela Kazana, DNP, APN, AGPCNP-BC;
Melodee Harris, PhD, APRN, GNP-BC

This session is designed to provide the clinician with suicide prevention from three distinct vantage points.

12:30 p.m. – 1:30 p.m.

Industry-Supported Presentation Theater

Seating is limited. Lunch will be provided. Attendees will be admitted on a first-come basis.

Supported by **Janssen Pharmaceuticals of J&J**

12:30 p.m. – 1:30 p.m.

Industry-Supported Presentation Theater

Seating is limited. Lunch will be provided. Attendees will be admitted on a first-come basis.

Supported by **Boehringer Ingelheim & Elli Lilly
and Company Diabetes Alliance**

Session Key

R = Pharmacology hours offered

1:40 p.m. – 2:40 p.m. General Session

1.0 contact hour

140 Dementia Management Update

Marie Boltz, PhD, RN, GNP-BC

This session provides an overview of regulatory and best practice standards related to dementia long-term care. The rationale, evaluation, and application of standards, including CMS interpretive guidelines and the Alzheimer's Association dementia care practice recommendations, will be discussed. Application to practice, including case examples and strategies for interdisciplinary collaboration, will be emphasized.

2:50 p.m. – 3:50 p.m. Concurrent Sessions

1.0 contact hour

151 Decisional Capacity

Damien Doyle, MD, CMD, FAAFP; Jack Schwartz, JD, BA

Literature identifies that the greatest driver of avoidable admissions and unnecessary care is attributed to the lack of clarity of stakeholders regarding disease progression and personal values about quality of life. This session will feature a geriatrician as well as a healthcare attorney who will discuss decision making and decisional capacity.

152 Nursing Home Regulatory Update

Alex Bardakh, MPP, PLC

The healthcare market is quickly shifting away from fee-for-service to a value-based reimbursement environment. Quality measures are being developed for value-based programs for all facility and clinician providers. New payment models are being deployed by HHS and CMS that will impact how care is delivered. This session aims to provide an overview of the current landscape of these programs and describe the challenges and opportunities quality measure reporting present for clinicians practicing in the post-acute and long-term care environment.

153 Controversies in the Management of Subclinical Hypothyroidism in the Older Adult

Susan Sanner, PhD, APRN, FNP-BC

This presentation will discuss controversies associated with the management of subclinical hypothyroidism in older adults and the role advanced practice nurses play to ensure the preservation of quality of life in the older adult.

4:00 p.m. – 5:00 p.m. Concurrent Sessions

1.0 contact hour

161 Sarcopenia

Ameera Chakravarthy, MS, CRNP

Sarcopenia is a geriatric syndrome that has been acknowledged and coded in the ICD-10 as of October 2016. It is not well recognized among healthcare providers despite the serious risks to quality of life, including mobility, independence, and mortality in acute and chronically ill patients. Prompt recognition and treatment is essential to preventing or delaying the development of sarcopenia.

Conference Program ★ ★ ★

THURSDAY, September 27, 2018 *(continued)*

162 Meaningful Conversations throughout the Course of Illness

Ami Goodnough, DNP, NP-C, ACHPN; J. Nicole Saizan, AGPCP; J. Michelle Moccia, DNP, ANP-BC, CCRN

Advance care planning is not a one-time discussion. As a person faces health challenges, the conversation deepens from “who will speak for you?” to “how do I make decisions in the face of serious illness?” Types of conversation involved in end-of-life planning will be reviewed. Examples, definitions, and tools to empower the discussion throughout the course of illness will be provided.

163 QAPI: Updates and What You Need to Know

Alice Bonner, PhD, RN, FAANP, FAAN

This session will review the basic principles of quality assurance and performance improvement (QAPI) and address practical applications to nurse practitioner practice across multiple settings.

5:00 p.m. – 6:30 p.m. Exhibits Open/Poster Reception

6:30 p.m. – 8:00 p.m.

Industry-Supported Presentation Theater

Seating is limited. Dinner will be provided. Attendees will be admitted on a first-come basis.

Supported by **Sunovion Pharmaceuticals**

FRIDAY, September 28, 2018

6:00 a.m. – 7:00 a.m. Foundation Fun Run/Walk

Start the day with an energizing morning run or walk around the beautiful Woodley Park neighborhood surrounding the hotel. See page 10 for details.

6:30 a.m. – 5:00 p.m. Registration Open

7:00 a.m. – 8:00 a.m.

Industry-Supported Presentation Theater

Seating is limited. Breakfast will be provided. Attendees will be admitted on a first-come basis.

Supported by **Genentech Pharmaceuticals**

8:15 a.m. – 9:15 a.m. General Session

1.0 contact hour

210 Age-Friendly Health Systems: A Systematic Approach to Reducing Elder Abuse and Neglect

Terry Fulmer, PhD, RN, FAAN

The 20th century has brought amazing progress in human longevity. With this comes the responsibility to provide evidence-based quality care for older adults. This session will describe the John A. Hartford Foundation Age-Friendly Health System initiative, led by the Institute for Healthcare Improvement.

9:15 a.m. – 10:45 a.m. Exhibits Open/Poster Viewing/Coffee Break

10:45 a.m. – 11:45 a.m. General Session

1.0 contact hour

220 Home-Based Primary Care

K. Eric De Jonge MD

This presentation will use a case-based scenario to define clinical and financial operations needed to build an effective home-based primary care program.

12:00 p.m. – 1:00 p.m.

Industry-Supported Presentation Theater

Seating is limited. Lunch will be provided. Attendees will be admitted on a first-come basis.

Supported by **Lilly USA, LLC**

12:00 p.m. – 1:00 p.m.

Industry-Supported Presentation Theater

Seating is limited. Lunch will be provided. Attendees will be admitted on a first-come basis.

Supported by **Smith & Nephew**

1:15 p.m. – 2:15 p.m. Concurrent Sessions

1.0 contact hours

231 Evaluation and Management Codes

Leonard Gelman, MD, CMD

This session will discuss using CPT codes for various nursing home visits, both old and new.

232 Care of the Older Adult Cancer Survivor

Sheree Bennett, AGPCNP-BC

Cancer treatment in the older adult can leave many new signs and symptoms in its wake. The sequela for the older adult may be different than that of the younger adult. Learning to recognize the sequela will help the advanced practice nurse provide holistic care for the older adult cancer survivor.

233 Differential Diagnosis of Anemia in the Older Adult

Patti Parker, PhD, APRN, CNS, AGNP-BC

This session will review the many causes of anemia in the older population and use a case-based approach to demonstrate the varying presentations of anemia.

2:15 p.m. – 3:15 p.m. Exhibits Open/Posters Viewing/Refreshment Break

3:15 p.m. – 4:15 p.m. Concurrent Sessions

1.0 contact hour

241 Gero-Oncology Screening

Barbara Resnick, PhD, RN, CRNP, FAAN, FAANP

This session will provide an overview of the current recommendations for cancer screening for older adults and the ethical issues and pros and cons of screening.

242 Assessment and Treatment of Older Adults with HIV or HCV

R Jennifer Hoffmann, MPH, CRNP

This session will discuss management of older adults with HIV (adults identifying HIV consistent with recent seroconversion and adults with long-standing disease) and the impact of HIV on the aging process. Prevalence of hepatitis C in older adults, chronic disease, and therapies that eradicate disease will be described.

FRIDAY, September 28, 2018 *(continued)*

243 Delirium across the Care Continuum

Kanah Lewallen, DNP, AGPCNP-BC, GNP-BC

Older adults experiencing delirium have increased morbidity and mortality as well as significant economic impacts. This session will provide the participant with a toolset for prevention and management of delirium across the care continuum. Additionally, updates on emerging information from the delirium research community will be presented.

4:30 p.m. – 5:30 p.m. Committee/Special Interest Group (SIG) Meetings

Members of designated committees and special interest groups (SIGs) are invited to meet during this time to discuss issues related to their interest area. If you are interested in joining a committee or SIG, you are encouraged to attend.

- Acute Care
- Chapter Leadership
- Education
- Health Affairs
- Historical
- Research
- GeroPsych
- Hospice/Palliative Care
- House Calls
- Leadership
- Cross-Cultural Care
- Post Acute Care/LTC
- Veterans Care - VA

5:30 p.m. – 6:45 p.m.

Industry-Supported Presentation Theater

Seating is limited. Dinner will be provided. Attendees will be admitted on a first-come basis.

Supported by Sunovion Pharmaceuticals

7:00 p.m. DC at Dusk Monuments Tour

Visit the iconic monuments by bus, getting on and off for up-close views and experiences. See page 10 for details.

SATURDAY, September 29, 2018

6:30 a.m. – 5:00 p.m. Registration Open

7:00 a.m. – 8:00 a.m.

Industry-Supported Presentation Theater

Seating is limited. Presentation theater and breakfast will be provided if industry support is received.

8:00 a.m. – 12:00 p.m.

Gerontological Specialist Certification Exam

Pre-registration is required. The certification application specifically for this paper and pencil exam is available at gerocert.org or for more details call C-NET at 800-463-0786. All applications must be post-marked by August 4, 2018. Testing begins promptly at 8:00 a.m.



8:15 a.m. – 9:15 a.m. General Session

1.0 contact hour

310 National Implementation of APRN Full Practice Authority in the Veterans Administration

Suzanne Thorne-Odem, DNP, APRN, FNP-C

This session will cover the approval process of APRN full practice authority in the Veterans Administration, as well as the process for national implementation. In addition, barriers to implementation will be discussed.

This session will not appear in the GAPNA Online Library.

9:30 a.m. – 11:30 a.m. In-Depth Focus Sessions

2.0 contact hours

321 Research/Clinical Project Podium Presentations

Several research and clinical projects will be presented that outline the creative work advanced practice nurses are doing to enhance the care of older adults.

322 Ankle and Foot Wounds

Timothy Lapham, MD; Victoria Nalls, GNP-BC, CWS, ACHPN

If you always pause before you take a sock off a patient and ask yourself, "Will I know what's under here?" then attend this presentation. Common types of ankle/foot wound etiologies, analysis of basic treatment plans, appropriate documentation, and analysis of how collaboration with a wound team can be useful will be reviewed.

323 Non-Pharmacologic and Pharmacologic Management of Behavioral and Psychological Symptoms of Dementia in Long-Term Care

R *Elizabeth Galik, PhD, CRNP, FAAN, FAANP; Nicole J. Brandt, PharmD, MBA, BCGP, BCPP, FASCP*

This session will describe the efficacy and risks associated with a variety of non-pharmacological and pharmacological interventions to treat behavioral and psychological symptoms of dementia (BPSD). Additionally, effective strategies to address quality improvement in the management of BPSD will also be discussed.

330 11:45 a.m. – 1:30 p.m. Membership Meeting/Awards Luncheon

Join your colleagues during this special luncheon as awards are presented to the 2018 GAPNA Excellence, Foundation, and Research Award recipients. The incoming Board of Directors also will be introduced. Please confirm your attendance by marking the appropriate line on the registration form.



Registrants receive FREE access to GAPNA's conference app

Keep organized, connect with others, and so much more!

Look for details in your registration confirmation letter.

SATURDAY, September 29, 2018 *(continued)*

1:45 p.m. – 2:45 p.m. Concurrent Sessions
1.0 contact hour

341 Using Social Media Effectively to Enhance Health Care for Older Adults Across Practice Settings

Sharon Bronner, DNP, MSN, APRN, GNP-BC, ACHPN; J. Michelle Moccia, DNP, ANP-BC, CCRN; Christine Tocchi, PhD, APRN, GNP-BC; Valerie J. Flattes, PhD(c), MS, APRN, ANP-BC

Explore how social media can be instrumental in assisting APRNs to provide resources to patients, families, and caregivers and enhance patient care and improve public health for older adults in all settings.

342 Update in Chronic Kidney Disease Management and Prescribing

Kevin Heath, MD, MHL, FACP

This session provides an update on CKD guidelines and management. It also addresses prescribing medications for CKD patients with diabetes and the management of CKD mineral bone disorder. It also offers insights into the complications of CKD in the setting of diabetes and cardiovascular disease.

3:00 p.m. – 4:00 p.m. General Session
1.0 contact hour

350 Understanding Your Scope of Practice

John Gonzalez, DNP, RN, ACNP-BC, NP-C

Explore how national nursing policy shapes the nurse practitioner scope of practice.

GAPNA 2018 Planning Committee

Kathryn M. Daniel, PhD, RN, ANP-BC, GNP-BC, *Chair*
Linda Beuscher, PhD, GNP-BC, FNAP
Victoria Nalls, GNP-BC, CWS, ACPHN
Elizabeth Galik, PhD, CRNP, FAAN, FAANP
Marianne Shaughnessy, PhD, AGPCNP-BC
Melissa Batchelor-Murphy, PhD, RN-BC, FNP-BC, FAAN
Katherine Evans, DNP, FNP-C, GNP-BC, ACHPN, FAANP
Board Liaison
Rosemarie Marmion, MSN, RN-BC, NE-BC,
Education Director



Access Online Library and Conference Handouts

The GAPNA Online Library gives you even more value with your registration. All attendees receive free access to conference sessions in the GAPNA Online Library. Listen to sessions you may have missed onsite and revisit courses you found interesting. Content will be available approximately 3 weeks after the conference, so take advantage of this additional learning experience at your convenience.

Your other library benefits and options include:

- Session handouts available to print 2 weeks before the conference.
- Evaluate sessions online (onsite or after the conference).
- Access your CNE certificates in the library and print any time.

GAPNA Research/Project Consults Available

Finishing up your doctorate? Working on an evidence-based project? Having difficulty submitting your research proposal? Not sure how to go about your first research project? Need to speak about your project with someone with experience in research?

GAPNA recognizes your needs and wants to help. The Research Committee will provide free consultations and one-on-one guidance. Please send an email to **GAPNA@ajj.com** and provide your name, email contact, and a brief description of the research/project issue you would like to discuss. You will be contacted to set up a time to meet at the Annual Conference with a committee member who has experience in your research area. The meeting will be scheduled during Exhibit Hall or lunch on your own time.

GAPNA Research Committee members will have a booth in the Exhibit Hall where your consultation can take place. We're reaching out to you; tell us how we can help you with your research/clinical project.

Continuing Nursing Education

Gain continuing nursing education (CNE) contact hours for your professional development, recertification, and relicensure. Contact hours will be awarded on a 60-minute contact hour basis as follows:

Main Conference	Up to 14.5 contact hours
Thursday, September 27	5.5 contact hours
Friday, September 28	4.0 contact hours
Saturday, September 29	5.0 contact hours

Pre-Conference Workshops

Psychosis and Older Adults	2.5 contact hours
Advocacy	5.0 contact hours
Pharmacology	4.5 contact hours

Sessions marked with **R** contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the content outline.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP5387.

GAPNA urges participants to be aware of the CNE requirements for relicensure in the states in which they hold a license.

Networking

A key benefit of attending the GAPNA Conference is the opportunity to develop relationships with your colleagues through networking. Take advantage of the many tangible benefits networking provides to conference participants.

Exhibits

Representatives from a variety of leading companies and organizations will be on hand to answer your questions and demonstrate their products. You will learn about the latest products and services for gerontological advanced practice nurses. Conference badges must be worn to gain admittance to the exhibit hall.

Industry-Supported Presentation Theaters

An Industry-Supported Presentation Theater is a dedicated time for industry to host a session that provides information on a specific product or service of interest to NPs working in the specialty of gerontology. These can be non-CNE programs (no contact hours are available for these sessions) or CNE programs (contact hours are available for these sessions).

Guest Registration

Guest registration includes admittance to the exhibit hall on Thursday (9/27) and Friday (9/28) only.

Payment Policy

Register Early! To qualify for the member rate, you must be a GAPNA member through September 30, 2018. Registrations will not be processed unless full payment is received with the registration form. If a check is returned by the bank for insufficient funds or credit cards denied, full payment must be received by cashier's check or money order with an additional \$25 processing fee.

Cancellation Policy

Upon fax (856-218-0557), email (GAPNA@ajj.com), or written notice to GAPNA (P.O. Box 56, Pitman, NJ 08071-0056) of need to cancel, we will refund your registration fee, less a \$50 administration fee. Cancellations must be received at the National Office by **August 22, 2018**. Telephone cancellations will not be accepted. No refunds will be made thereafter.

In the event GAPNA should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, GAPNA will not be liable for registrants' expenses. However the cancellation/postponement is ultimately resolved, GAPNA will act responsibly to protect members' and registrants' investment in the conference and association.

Share a Room

If you are interested in sharing a room during the conference and would like your name added to the Willingness to Share a Room List, simply check the appropriate box when you are registering for the conference. Your name, telephone number, city, state, and email address will be added to a list that will be accessible by others who have registered for the conference via an on-line link provided in the conference registration confirmation email. It will be your responsibility to contact others on the list and make arrangements with them directly.

Photo Release

GAPNA occasionally uses photographs of conference participants in promotional materials. By virtue of your attendance, you agree to usage of your image in such media. Additionally, any photos made public and shared through the official GAPNA Annual Conference App are the property of GAPNA and may be used in promotional materials.



Hotel Information

Washington Marriott Wardman Park
2660 Woodley Road NW
Washington, DC 20008

Washington Marriott Wardman Park has been designated as the official hotel for the 2018 GAPNA Annual Conference. A block of rooms has been secured at the special rate of **\$219 single/double**. This rate is subject to applicable state and local taxes, currently 14.8%. Check-in is 4:00 pm and check-out is 11:00 am.

To receive the conference rate, make online reservations on the GAPNA website (GAPNA.org) or call hotel reservations at 877-212-5752 and refer to the GAPNA Annual Conference. The conference rate is available through **August 23, 2018**, or until the room block is full. Reservations received after this date will be accepted on a space and rate available basis.

Ideally located in Northwest DC's Woodley Park neighborhood, the Washington Marriott Wardman Park offers the best of both worlds. The hotel, which celebrates its 100th year in 2018, provides a quiet respite in the heart of the city with 16 acres of manicured gardens. However, its proximity to the Metro allows you to visit bustling downtown DC with all its attractions. Just a few steps away, the trendy stores and global cuisine of Adams Morgan and the exhilarating nightlife of Dupont Circle are waiting to be discovered. Make yourself comfortable in the recently redesigned hotel rooms and suites, which feature deluxe bedding, high-speed Internet, and modern technology. Enjoy a delicious meal at one of the on-site restaurants or a workout in the fitness center. Join your colleagues for this informative conference at the Washington Marriott Wardman Park.

Parking

Valet parking is \$50 daily. Self-parking is \$45 daily. Rates are subject to change.

Transportation

Ronald Reagan Washington National Airport (DCA) is 7 miles from the hotel and Washington Dulles International Airport (IAD) is 24 miles from the hotel.

Discounted airport shuttle service is offered by SuperShuttle between the airport and the hotel. The group discount code is AMQJ4. Note: Please confirm that the discount code is displayed/entered when making your reservation.

Weather

Average high temperatures in September fluctuate between the upper 70s/low 80s, with nighttime lows in the high 50s, making this a pleasant time to visit Washington, DC. Conference room temperatures in the hotel may vary so please remember to bring a sweater. We also suggest comfortable walking shoes for your conference activities.

Join in These Enjoyable Events and Support the GAPNA Foundation, Nursing Scholarships, and Research!

The mission of the GAPNA Foundation is to provide financial grants to support scholarly research projects related to gerontological nursing and provide educational opportunities for registered and advanced practice nurses working with older adults. Help us achieve this mission by supporting our fundraising events in Washington, DC, this year.

Scramble Golf Outing

Wednesday, September 26

Tee time: 1:30 pm (rain or shine)

At Westfields Golf Club, Fred Couples has built one of the top destinations for golf in Virginia. This stunning Northern Virginia golf course is fun and accessible for the novice, yet challenging and thought-provoking for the experienced golfer. Fred's professional play on hundreds of courses around the world, coupled with his experience in countless tournaments and team competitions, has given him exceptional insight into optimal golf course design. The perfect embodiment of that vision is yours to experience at Westfields Golf Club located close by to Centreville, VA.

What sets Westfields apart from any other Virginia Golf Club is not only its exceptional playability, but the interest it takes in the traditional elements of the game. Carved through natural wetlands, rolling hills, and majestic beech and oak trees, Westfields offers golfers a setting that is virtually free from distraction. No residences line its links, creating a course that is truly a golfer's dream.

Cost: \$150 per person. Golf clubs available for rental at pro shop.

Fun Run/Walk

Friday, September 28 – 6:00 a.m. – 7:00 a.m.

Get energized with an exhilarating morning run or walk and enjoy the beautiful Woodley Park neighborhood. Which chapter will have the most participants this year?

Cost: \$25 per person

DC at Dusk Monuments Tours

Friday, September 28

Bus boarding time: 7:00 p.m. (leaving by 7:15 p.m. at the latest). Tour will last till approximately 10:30 p.m.

Explore all the famous Washington, DC, monuments by bus and get on and off at selected sites so you can see them up close. Itinerary includes the following: White House - North Grounds, National WWII Memorial, Thomas Jefferson Memorial, Martin Luther King, Jr. Memorial, Lincoln Memorial, Korean War Veterans Memorial, and Vietnam Veterans Memorial.

Cost: \$70 per person

Welcome to Washington, DC: Start Planning Your Trip to GAPNA's Annual Conference!

Monuments and memorials, eclectic neighborhoods, true local flavor – Washington, DC is a place unlike any other. It's your home away from home with free museums and America's front yard. Plan your trip to the nation's capital during GAPNA's Annual Conference by checking out all the things to do, places to eat, and ways to have fun.

Endless Things to Do

Washington, DC, has fun activities and attractions for every kind of visitor. During your visit to the nation's capital, choose from world-class cultural events, a vibrant (and delicious) dining scene, museums packed with history, and so much more. No city provides as many world-class activities for free as Washington, DC. Welcome to the "Capital of Free!"

Washington, DC, offers attractions and activities for every visitor, whether traveling on a budget or looking for added value. With unmatched access to incredible free museums, monuments, memorials, and one-of-a-kind events, DC is in a class by itself.

From food and wine to cultural events to American history, you can find it all in DC. It's easy to ride the Metro or hop on a bike and explore all that DC has to offer. Walk the halls of free Smithsonian museums, paddle on the Potomac River, or sit back on a double-decker tour bus and soak up some history. Local shops, funky marketplaces, and people-watching hot spots beckon by midday, as nighttime gives way to multi-course dinners and drinks from local breweries. However you spend your time during GAPNA's Annual Conference, make it count!

Dining

Dig in to one of the country's hottest restaurant scenes; the nation's capital is a can't-miss culinary destination. When you visit Washington, DC, you'll experience a dining scene as colorful and eclectic as America itself. The District is rolling in accolades from the Michelin Guide and was named restaurant city of the year by *Bon Appétit* and hottest food city by Zagat in 2016. That means you can expect each meal at every restaurant to be different. From crave-worthy dishes served by celebrity chefs to chili-smothered half-smokes served at a diner, DC's local flavor has one thing in common – it's all delicious!

Arts & Culture

The backbone of the city is built on arts and culture. Enjoy awe-inspiring art galleries, unmatched museums, thriving performing arts and music scenes, and so much more.

DC Neighborhoods

Make your own discoveries in the neighborhoods of Washington, DC. Locals know the difference between Washington and DC. The latter is a city made up of neighborhoods, where people live and visit, where restaurants and pubs buzz, where cabs are hailed, hotels are busy, and friends laugh. No politics. No power plays. No problem. There's so much to love about each one of DC's neighborhoods, from history on Capitol Hill and high-end boutiques in Georgetown to performing arts in Penn Quarter and a 24-hour diner in Adams Morgan. Get familiar with the lay of the land and find your place in DC.

Get more info for these and other attractions and events at <https://washington.org>

Registration Form

GAPNA 37th Annual Conference
September 26-29, 2018 – Washington, DC

Print Name: _____		Credentials: _____	
Organization/Employer Name: _____			
Mailing Address - Street: <input type="checkbox"/> Home <input type="checkbox"/> Work _____			
City / State / Zip: _____			
Nursing License # _____	State _____	Exp. date _____	
Daytime Phone: <input type="checkbox"/> Home <input type="checkbox"/> Work () _____			
E-mail (required): <input type="checkbox"/> Home <input type="checkbox"/> Work _____			
<input type="checkbox"/> Do not share my email address with any GAPNA exhibitor or networking vendors			
<i>*Non-members may register at the Member rate by including membership fee with registration fees.</i>		GAPNA Member	Non-Member*
Main Conference Registration Fees (Pre-Conference Workshops not included)	Rate	Rate	
Postmarked 8/15/18 & before - Early Fee	<input type="checkbox"/> \$469	<input type="checkbox"/> \$589	
Postmarked 8/16/18 & after - Regular/Onsite Fee	<input type="checkbox"/> \$559	<input type="checkbox"/> \$689	
Student/Retired (CNE not included) CNE may be obtained at a discounted rate through Online Library	<input type="checkbox"/> \$259	<input type="checkbox"/> \$359	
<input type="checkbox"/> Pre-Conference Workshop 010: Psychosis	<input type="checkbox"/> \$95	<input type="checkbox"/> \$135	
<input type="checkbox"/> Pre-Conference Workshop 020: Advocacy (Registration required by 9/10/18)	<input type="checkbox"/> \$125	<input type="checkbox"/> \$175	
<input type="checkbox"/> Pre-Conference Workshop 030: Pharmacology	<input type="checkbox"/> \$115	<input type="checkbox"/> \$165	
<input type="checkbox"/> Evening Session 040: Opioid (no additional fee)	<input type="checkbox"/> Yes, I will attend		
Daily Rate			
Daily - (indicate 1 day only) <input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	<input type="checkbox"/> \$259	<input type="checkbox"/> \$369	
Daily Student/Retired (CNE not included) - (indicate day) <input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	<input type="checkbox"/> \$119	<input type="checkbox"/> \$169	
Guest Badge for Exhibit Hall only - (see page 9)	<input type="checkbox"/> \$175	<input type="checkbox"/> \$175	
Guest Badge for Awards Luncheon only	<input type="checkbox"/> \$85	<input type="checkbox"/> \$85	
Guest Name: _____			
Membership Fees <input type="checkbox"/> New <input type="checkbox"/> Renewal			
<input type="checkbox"/> Regular (advanced practice nurses) <input type="checkbox"/> Associate (other)		<input type="checkbox"/> \$100	
<input type="checkbox"/> Student - \$60 <input type="checkbox"/> Retired - \$75 (enter dollar amount)		<input type="checkbox"/> \$ _____	
GAPNA Foundation Event Fees			
Scramble Golf Outing (Wednesday) _____ # persons @ \$150 =	\$ _____		
Fun Run/Walk (Friday) _____ # persons @ \$25 =	\$ _____		
DC at Dusk Monuments Tour (Friday) _____ # persons @ \$70 =	\$ _____		
Foundation Donation <input type="checkbox"/> \$25 <input type="checkbox"/> \$50 <input type="checkbox"/> \$75 <input type="checkbox"/> \$100 <input type="checkbox"/> Other	\$ _____		
TOTAL ENCLOSED			\$ _____

3 Ways To Register



Register Online at
www.gapna.org/annual-conference



By Fax:
856-218-0557



Mail completed form with payment to:
GAPNA Registration
East Holly Avenue/Box 56
Pitman, NJ 08071-0056

Registration cannot be processed without payment.

Purchase Orders cannot be accepted.

Make checks payable in U.S. funds to: **GAPNA**

All cancellations and transfers must be received in writing. For cancellations postmarked prior to August 22, 2018, we will refund registration cost, less a \$50 administrative fee. We are unable to make refunds after August 22, 2018, but will gladly transfer your registration to a colleague if the request is made in writing to GAPNA at the above address.

You will receive your **receipt/confirmation** information via the email address used to register for this meeting.

Share a Room

Share a Room

I am interested in sharing a room.

Special Needs* (dietary, access, etc.)

* Please let your server know that you reserved a special needs meal.

Session Selections — Indicate 1st and 2nd choice for all Concurrent Sessions. Attendees are automatically registered for the Keynote Address and all General Sessions.

Thursday, September 27	Friday, September 28	Saturday, September 29
<p>New Member/First-Time Attendee Breakfast 7:00 am – 8:00 am 110 _____</p> <p>Concurrent Sessions – 2:50 pm – 3:50 pm 151 _____ 152 _____ 153 _____</p> <p>Concurrent Sessions – 4:00 pm – 5:00 pm 161 _____ 162 _____ 163 _____</p>	<p>Concurrent Sessions – 1:15 pm – 2:15 pm 231 _____ 232 _____ 233 _____</p> <p>Concurrent Sessions – 3:15 pm – 4:15 pm 241 _____ 242 _____ 243 _____</p>	<p>In-Depth Focus Sessions – 9:30 am – 11:30 am 321 _____ 322 _____ 323 _____</p> <p>Membership Meeting/Awards Luncheon – 11:45 am – 1:30 pm 330 _____</p> <p>Concurrent Sessions – 1:45 pm – 2:45 pm 341 _____ 342 _____</p>

PAYMENT OPTIONS

Tax ID #93-0832304

Check enclosed made payable in U.S. funds to GAPNA

Charge my:



* Last 3 digits after signature on back of VISA/MasterCard – Last 4 digits on front right of American Express.

Credit Card Number _____ Exp. Date _____ Security Number * _____

Billing address _____

Signature _____ Name on Card (please print) _____



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Pitman, NJ 08071-0056

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Annual Conference

September 26-29, 2018

Washington, DC

Marriott Wardman Park Hotel

www.gapna.org